

Welcome to the Summer edition

Wishing all our patients and the Adelaide Hills community a
Merry Christmas and a Happy New Year

GPcare will be open every day over the Christmas and New Year period.
Our website gpcare.org.au has more details and our opening hours.

*Laughter is the best medicine! The GPcare team hope we made you
smile (or laugh) with our outfits for this photo!*



Welcome Dr Emma Manifold

Dr Emma Manifold graduated from Flinders University with a Bachelor of Medicine and a Bachelor of Surgery (Honours) in 2004.

During her training, she decided her interest lay in caring for people across the continuum of life, and now enjoys seeing patients from babies to the elderly.

Emma has worked in both urban and regional settings during her career and enjoys seeing a wide range of people and presentations. She has a particular interest in the health of children and adolescents.

Emma also examines for the Royal Australian College of General Practitioners. She is involved in teaching medical students at Summit Health, helping to preserve care for future generations. Emma will be consulting on Mondays, Tuesdays and Thursdays.



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GPcare
General Practice

**NEW PATIENTS
WELCOME**

**SAME DAY
APPOINTMENTS
AVAILABLE**

**Enquire within or call
1300 GPCARE**

www.gpcare.org.au

Staff News



We are very pleased to welcome Ellen as a Support Officer with GPcare. Ellen has a strong medical receptionist and administration background and will be a much welcomed addition to the current GPcare Support Officer team. Welcome Ellen!!

On a sad note, Bianca, a much loved member of our support staff will be finishing with GPcare to relocate to Queensland with her partner Tim, who has accepted a job opportunity there. Bianca's last shift with GPcare will be on the 10th December.

We would like to thank Bianca for her service to GPcare and wish her and Tim well for the future.

Congratulations to Dr Cassie Gibbs

Dr Cassie Gibbs was recently congratulated by Dr Mark Miller, the Censor-in-Chief of the RACGP, at the SA & NT 2018 Fellowship and Awards Ceremony held on 27th October. (photo below)

The ceremony was a great opportunity to celebrate the achievements of the new RACGP Fellows and prize winners for 2018, and is the culmination of many years training.

A highlight of the day was the speech from the RACGP 2018 Doctor of the Year, Dr Amanda Bethell.

Dr Bethell delivered a heartfelt speech about her experiences with burnout in medical professionals. She spoke about the importance of attending to self-care which resonated with everyone present.

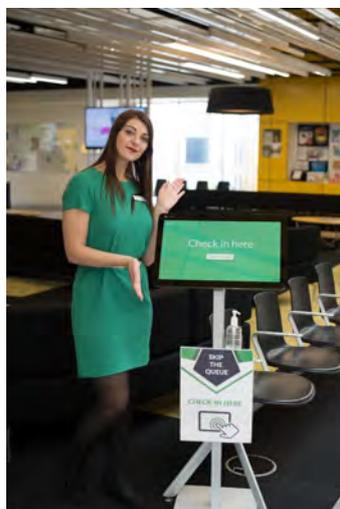


Patient Self Check-In Kiosk

You may have noticed that we have a new Patient Check-In Kiosk at GPcare.

The Kiosk enables patients to self check-in for their scheduled appointment, or if they wish, they can continue to be greeted by our friendly reception staff.

This self check-in service aims to speed up the arrival process for our patients and reduce wait time at the reception counter.



AAPM Conference 2018



GPcare Practice Manager Jo Teakle and Office Manager Kim Saunders recently attended the Australian Association of Practice Management 2018 Conference held in Canberra. It provided the chance to network with other Practice Managers from around Australia and an opportunity to gain more industry specific knowledge.

Kim and Jo (pictured above) found a great way to finish off an action packed week with a hike up Mount Ainslie.

New MRI License



Dr Jones & Partners Medical Imaging is pleased to announce that from November 1st, as part of the Federal Government expansion of MRI licenses, all patients undergoing MRI scans at their Mt Barker Central Clinic in Druids Avenue will receive a Medicare rebate for eligible scans.

For any enquiries, please phone 8188 7750 or fax 8188 7713

GPcare General Practice Book On-line 24/7

Book online at gpcare.org.au or by scanning our QR code (pictured right). You can also download the HotDoc app or visit their website hotdoc.com.au



'Pink' Casual Day



GPcare and Summit Health staff participated in a 'pink' casual day to raise awareness of breast cancer and donated funds to the McGrath Foundation.

Pictured are staff wearing 'pink' for the cause. Donations received on the day amounted to \$225.00 for the [McGrath Foundation](#)



Summit Health Centre Turns 4!

It's been an exciting four years of growth and development.

The Centre accommodates GPcare and a variety of medical specialists and allied health providers. We would like to thank all of our tenants for their support over the past four years, as well as everyone who has visited the Centre. We look forward to supporting the community in Mt Barker and the Adelaide Hills into the future.

GPcare on Facebook

Keep up to date with the latest Summit Health Centre news by liking our Facebook page:



<https://www.facebook.com/summithealthcentre/>

GPcare receives recognition as an AGPAL Accredited General Practice



GPcare is proud to announce that it has recently received a National award of accreditation as an AGPAL Accredited General Practice, demonstrating our commitment to quality and safety within the Practice setting.

GPcare received this important recognition from *Australian General Practice Accreditation Limited (AGPAL)*, the leading not-for-profit provider of general practice accreditation services within Australia. Accreditation shows that GPcare makes a significant investment and commitment to quality on a day-to-day basis, across all levels of the practice team.

Well done GPcare team!!



Are you aged between 45 and 49 years?

Are you aged between 45 and 49 years of age? Do you identify as Aboriginal or Torres Strait Islander and are over the age of 35?

Often many people have had no need for a health check or regular GP visits prior to this age bracket. Now is the time to have a bulk billed health check, to identify if you are at risk of stroke or heart attack.

Our Coordinated Care Nurses will do a clinical assessment and determine your risk and together with one of our GPs formulate a plan for you to decrease any risk factors you may have.

Men are especially at risk of heart attack or stroke. If you have a loved one who you think needs a health check, talk about booking them in today! **Phone GPcare on 1300 472 273 to arrange an appointment.**

Share the Dignity with #itsinthebag

Summit Health Centre has participated as a collection point for Share the Dignity's "It's in the Bag" campaign once again this year.

The campaign, to help women who are homeless or in crisis, asked people to donate a new or "gently used" handbag filled with items such as personal care, sanitary products and other items that would make a woman feel special. The bags will be delivered to local support services for distribution.



Share The Dignity is a not-for-profit charity providing homeless and at-risk women with sanitary products to allow them a sense of dignity. For more information go to www.sharethedignity.com.au

We thank the local community for their overwhelming response to the campaign again this year.

Services available at GPcare

- Annual health checks
- Care plans
- Children's health
- Cryotherapy
- Driver's licence/Employment medicals
- ECG's
- Full body skin checks
- Immunisations
- INR management
- Mental health care plans
- Mirena insertion & removal
- Onsite cardiac assessment
- Onsite emergency care
- Plastering and ongoing care
- Removal of foreign bodies
- Respiratory checks
- Spirometry testing
- Suturing
- Venepuncture
- Women's health
- Wound care & dressings
- Blood Transfusion
- Cervical Screening Test
- Chronic disease management
- Diabetes & asthma plans
- Ear syringing
- Enhanced primary care plans
- Geriatric health
- Implanon insertion & removal
- IV therapy/antibiotics
- Men's health
- My Health Record
- Obstetrics
- Procedural pain management
- Rapid iron infusion
- Removal of skin lesions
- Specialist referrals
- Sport's medicine
- Travel advice
- Venesection
- Worker's compensation cases

Complaints and Suggestions

We always welcome feedback—positive or negative. Improving our service can only be achieved if we know what you think of us. We like to hear about what we do well and what we could do better. Please direct complaints to Jo Teakle or Kim Saunders and compliments to anyone. There is a suggestion box in the waiting room for anonymous feedback.

If you have a serious complaint about the practice, address it to:

HEALTH & COMMUNITY SERVICES COMPLAINTS COMMISSIONER SA
PO Box 199, Rundle Mall, SA, 5000 hcsc.sa.gov.au
Ph: (08) 8226 8666 Fax: (08) 8226 8620 Toll Free: 1800 232 007 (Country SA)

After Hours Service

The Emergency After Hours Service is located at the Mount Barker Hospital. It is staffed by local GPs and provides the community with access to 24hr medical assistance.

Appointments **cannot** be made in advance as this is a walk-in service **only**.

Mount Barker Hospital
87 Wellington Road, Mount Barker
Monday to Sunday 24hrs a day / 7 days a week



Dr Chris Say

MB.BS DA Dip. R.A.C.O.G. FACRRM

Dr Graham Hughes

MB.BS D.R.C.O.G (UK) Grad. Cert. Health (Palliative Care)

Dr Megan McLaughlin

MBBS (Adelaide), FRACGP, DCH

Dr Cath Love

MB FRACGP FACRRM

Dr Emma Manifold

BMBS (Hons), FRACGP, BHSc

Dr Cassie Gibbs

BMBS, FRACGP, BMSc, DCH

Dr Naif Saigol

MB.BS

Dr Sahar Beg

MB.BS

Dr Angela Travis

BMBS B Med Sc (Hons) FRACGP
FACRRM FARGR (Anaes)

Dr Anna Vnuk

MB.BS DRANZCOG FRACGP
MClinEd EdD FPAA Cert

Contact Us

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gpcare.org.au

Opening Hours

Mon-Fri 8:00am—6:00pm
Saturday 9:00am—12:00 noon

