

## COVID-19 - Impact and Response

COVID-19 has impacted us all on a daily basis, whether it be at work, at home, or in public environments. GPcare is continually improving the way in which we undertake our business within this environment.

In the interest of our community's health and wellbeing, GPcare is continuing to provide telehealth (phone consult) appointments as well as face-to-face appointments if appropriate.

Your landline or mobile number is all that is required for the consult to occur. Please book [online](#), or phone the practice on 1300 472 273 for a telehealth appointment.

## COVIDSafe App

The COVIDSafe app helps make sure you will be notified if someone you've been in close contact with is diagnosed with the coronavirus.



## What we are doing to keep you safer

Your temperature will be checked at the front door and we will ask you a couple of questions. Don't worry - whatever your answer is, we will take care of you.

To encourage social distancing, you will see guidance stickers and protective screens to help keep you and our staff safe. There are stickers on the waiting room chairs, please sit on the ticks and give crosses a miss.



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GPcare

PART OF SUMMIT HEALTH

**New Patients Welcome  
Same Day Appointments**

**Available**

Ask our staff now or  
call 1300 472 273

[gpcare.org.au](http://gpcare.org.au)

## Welcome Dr Daniel Dwyer

Dr Daniel Dwyer is a GP Obstetrician. He studied medicine at Monash University and has a Fellowship of the RACGP and an Advanced Diploma in Obstetrics.

Daniel has spent many years working in remote locations in Australia and abroad, and still does some remote work in the Northern Territory. He and his family now live in the Adelaide Hills.

His special interests include obstetrics, women and children's health, procedural and emergency medicine. He also examines for the Colleges of General Practice and Obstetrics.

## Evening Consulting Sessions

Due to the COVID-19 environment, GPcare has temporarily removed its evening consults on Mondays and Thursdays.

Our revised opening hours are now:

Monday to Friday 8.00am-6.00pm, with last appointments at 5.30pm

Saturday 9.00am-12.30pm

## Respiratory / Febrile Assessment Area



We have set up a temporary Assessment Area on the eastern side of Summit Health Centre to review symptomatic patients to minimise contact in the Centre.

We will continue to look at how we can make this area more comfortable for our patients and clinical staff as we move into the cooler months.

It is anticipated that this may be in place for several months.

## Community Health Swab Clinic

A COVID-19 Swab Clinic, located at Community Health next to the Mount Barker Hospital, is open. Access is via Gate 3.

The opening hours are 9am-5pm, 7 days a week.



## Staff Update

### Dr Madhu Rao

Dr Madhu Rao recently achieved Fellowship with RACGP.

Congratulations Madhu!

She had planned to take a well-earned holiday to India with her daughter but these plans have been shelved due to the current circumstances with COVID-19.

### Dr Babak Taghavi Ardebili

Congratulations to Babak on successfully passing his written GP Training exam.

Well done Babak!

### Dr Megan McLaughlin

Megan has increased her consulting hours to include Thursday afternoons in addition to Mondays and Wednesdays.

### Dr Cassie Gibbs

Cassie has also increased her consulting hours and sees patients Mondays, Tuesdays and Fridays.

## Online Bookings for GPcare

Did you know that you can book your GPcare medical appointment online 24/7? Simply go to [gpcare.org.au](http://gpcare.org.au)

You can also download the HotDoc app or visit their website: [hotdoc.com.au](http://hotdoc.com.au)

Or scan our QR code.



## Dr Jones & Partners

Due to the evolving COVID-19 pandemic, Dr Jones & Partners have announced that the Saturday service offered at the Mount Barker Hospital has been suspended.

## Mobile Ultrasound Service


GPcare is pleased to announce that it has entered into a research opportunity with Adelaide University Rural School.

We now have an ultrasound machine that will be used in the practice and will be assessing its usefulness in the general practice setting.

The ultrasound machine allows GPs to perform ultrasound scans at the time of examination.

It is useful for abdominal, lung and cardiac examinations, trauma assessment and as an adjunct in performing procedures such as difficult intravenous access.





**EXPECT THE CHECK**

Your Safety is our First Priority

We must make sure we have the correct patient before each consultation

At every stage  
**WE WILL CHECK**

- Name
- Date of Birth
- Address
- Contact Phone Number

Thank you for your cooperation

A service of Summit Health, www.summithealth.org.au

## Health Promotion

GPcare recently participated in, and promoted, World Autism Awareness Day and “Light it up Blue” on 2 April 2020.

Staff wore blue to help shed light on the ever-growing group of people in our community who live with autism every day.



## Teddy Bear Hospital

Our medical students from Adelaide University, Ben and Rebecca, recently ran a Teddy Bear Hospital for the Junior Primary Students of Mount Barker South Primary School. Dr Cassie Gibbs attended as their supervisor, but didn't have to do much, because Ben and Rebecca did such a great job!

The Teddy Bear Hospital provided an opportunity for children to learn proper handwashing technique and to become comfortable with the techniques that doctors use when examining patients.

Ben and Rebecca taught the kids some valuable lessons about healthy eating, taking care of themselves when unwell, staying safe and how to prevent the spread of infections. It was an opportunity for our students to observe children in their “natural environment” and to appreciate how this can be different from seeing a child in a one-on-one consultation. They also got a new level of respect for primary school teachers!

The kids did a fantastic job of learning to wash their hands while singing “Happy Birthday” and hopefully they can teach the skill to their friends and families to help prevent the spread of infection amongst the community.



## Services available at GPcare

- Annual health checks
- Blood transfusion
- Care plans
- Cervical screening test
- Childrens health
- Chronic disease management
- Cryotherapy
- Diabetes & asthma plans
- Driver's licence, employment & recreational medicals
- Ear syringing
- ECGs
- Enhanced primary care plans
- Full body skin checks
- Geriatric health
- Immunisations
- Implanon insertion & removal
- INR management
- IV therapy/antibiotics
- Mens health
- Mental health care plans
- Mirena insertion & removal
- My Health Record
- Obstetrics
- Onsite cardiac assessment
- Onsite emergency care
- Plastering and ongoing care
- Point of care ultrasound
- Procedural pain management
- Q Fever vaccination
- Rapid iron infusion
- Removal of foreign bodies
- Removal of skin lesions
- Respiratory checks
- SCAT5 assessments
- Specialist referrals
- Spirometry testing
- Sports medicine
- Suturing
- Travel advice
- Venepuncture
- Venesection
- Womens health
- Workers compensation cases
- Wound care & dressings
- Yellow fever vaccination

## Feedback

We always welcome feedback: positive or negative. We can only improve our service if we know what you think of us.

Please tell us what we do well and what we could do better. Direct all your feedback to Jo Teakle or Kim Saunders.

There is a suggestion box in the waiting room for anonymous feedback.

Serious complaints can also be directed to:

HEALTH & COMMUNITY SERVICES COMPLAINTS COMMISSIONER SA

PO Box 199

Rundle Mall SA 5000

[hcsc.sa.gov.au](http://hcsc.sa.gov.au)

P: 08 8226 8666 Country SA Toll Free: 1800 232 007

F: 08 8226 8620



The EDcare Accident and Emergency Service provides the local community with access to doctors and nurses 24/7.



EDcare is a walk-in service only. Appointments cannot be made. EDcare is located in the Mount Barker Hospital, 87 Wellington Rd, Mt Barker.

## GPcare Doctors

### Dr Chris Say

MBBS DA Dip RACOG FACRRM

### Dr Emma Manifold

BMBS (Hons) FRACGP BHSc

### Dr Megan McLaughlin

MBBS (Adelaide) FRACGP DCH

### Dr Cath Love

MB FRACGP FACRRM

### Dr Daniel Edge

BMBS FRACGP DCH

### Dr Cassie Gibbs

BMBS FRACGP BMSc DCH

### Dr Naif Saigol

MBBS FRACGP

### Dr Babak Taghavi Ardebili

Doctor of Medicine

### Dr David Mills

FRACGP MD

### Dr Daniel Dwyer

MBBS FRACGP DRANZCOG

### Dr Katya Speight

BMBS FRACGP DCH

### Dr Angela Travis

BMBS B Med Sc (Hons) FRACGP  
FACRRM FARGR (Anaes)

### Dr Anna Vnuk

MBBS DRANZCOG FRACGP MClinEd  
EdD FPAA Cert

### Dr Madhu Rao

MBBS

### Dr Chloe Shelton

Doctor of Medicine

## Contact Us

85 Wellington Rd, Mt Barker

PO Box 1794

Mt Barker SA 5251

# 1300 472 273

## Opening Hours

Mon: 8.00am - 8.00pm

Tues: 8.00am - 6.00pm

Wed: 8.00am - 6.00pm

Thurs: 8.00am - 8.00pm

Fri: 8.00am - 6.00pm

Sat: 9.00am - 12.30pm

Sun: Closed



**Proudly AGPAL Accredited**  
Our commitment to your safety and care