

### Welcome Dr Mathew Kollarackal



We are pleased to welcome Dr Mathew Kollarackal to GPcare. He offers a wide range of medical services including chronic disease management, general medicine, diabetes management, men's health, occupational health, sexual health, travel medicine and weight management.

Phone GPcare on 1300 472 273 to make an appointment.

### International Nurses Day

International Nurses Day was celebrated on 12th May with this year's theme 'Nurses: A Voice to Lead - Invest in Nursing and respect rights to secure global health'. It focuses on the need to invest in nursing and respect the rights of nurses in order to build resilient, high quality health systems to meet the needs of individuals and communities now and into the future.



At GPcare, we are very fortunate to have such highly skilled and dedicated nursing staff. We would like to take this opportunity to express our gratitude and to celebrate our wonderful nurses.



### COVID Safe QR Check-ins and Mask Wearing

As recently announced by the Government, COVID Safe QR Check-ins are now only required in Hospitals, Aged care facilities and Disability care facilities. Therefore, COVID Safe QR Check-in to Summit Health Centre is no longer required. However, mask wearing is required while in the building.

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New Patients Welcome  
Same Day  
Appointments  
Available

Ask our staff now or  
call 1300 472 273  
[gpcare.org.au](http://gpcare.org.au)

## Staff Update

### Baby News

Dr Shaad Manchanda and his wife have announced the safe arrival of their baby boy 'Ishan' born at the end of March.

Congratulations Shaad!



### Dr Megan McLaughlin

Dr Megan has now commenced maternity leave.

### Dr Naif Saigol

Dr Naif has resumed consulting after an extended period of leave. His consulting days are now Mondays and Wednesdays.

### Dr Madhu Rao

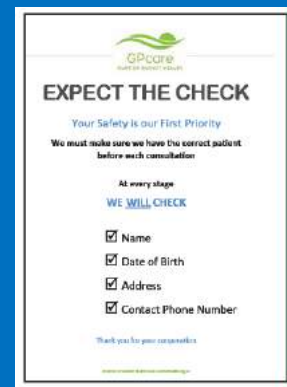
Dr Madhu has resumed consulting on Mondays and Fridays after an extended period of leave.



Dr Megan McLaughlin, husband Ryan and daughter Zoe would like to announce the safe arrival of their newest family member 'Oskar', a little boy, born at the end of May.

All are happy and healthy.

Congratulations Megan!



### Gpcare Fee Increase Notification from 1 July 2022

Please note there will be a small increase to our private fees from 1st July 2022. This annual fee increase reflects inflation and the increase in overheads.

Concession Card, Pension Card holders and children under 16 years will continue to be bulk billed for consultations

**Saturday morning** appointments are not routinely bulk billed and **ALL patients** will incur a gap fee.

Some GPs do not **BULK BILL** so please check with Reception Staff.



### Whooping Cough Vaccine

Whooping Cough vaccines are available at Gpcare. Appointment enquiries can be made at reception or by phoning 1300 472 273. The consultation is bulk billed however there is an out of pocket cost of \$45.00 for the vaccine. For more information please speak to your GP.

### Free Flu Vaccine until 30 June

Free influenza vaccinations have been announced by the SA Government for the month of June and are now available at Gpcare.

Influenza is a potentially serious disease. The flu vaccine protects you, your family and community against severe illness and hospitalisations from influenza.

Book an appointment with one of our GPs to secure your free flu vaccine for June.



### Gpcare General Practice Book online 24/7

Book online at [gpcare.org.au](http://gpcare.org.au) or by scanning the QR code below



You can also download the HotDoc app or visit their website [hotdoc.com.au](http://hotdoc.com.au)



## Health Promotions

### Exercise Right May 23 — 29

Exercise Right — a public awareness campaign aimed at encouraging people to become more active and engage in a healthy lifestyle. This year's theme is 'Find Your Reason to Move'.



### GPcare on Facebook

Keep up to date with the latest GPcare news and health information by liking our Facebook page

<https://www.facebook.com/summithealthcentre>



## Summit Health Centre

### Health Promotions

The Centre recently promoted the following health initiatives:



### Tenant update

**MyPhysioSA** - have increased consulting sessions at Summit Health to now include Fridays.



### New Artwork on display

This amazing new artwork titled Dune by Artist, Bianca Kennelly is on display at Summit Health Centre. It was gifted by Community Bridging Services Inc. to Summit Health to commemorate the establishment of [Summit Universal Health](#) and its collaborative goals.



### Summit Café

The café generously ran 2 Easter competitions:

Easter Basket — won by Sharon from Summit Health;

And

Guess the Eggs — won by

Jane (Centre team member) who guessed correctly with 183 eggs !!



## Services available at GPcare

- Annual Health Checks
- Blood Transfusion
- Care Plans
- Cervical Screening Test
- Children's Health
- Chronic Disease Management
- Cryotherapy
- Diabetes & Asthma Plans
- Driver's Licence, Employment & Recreational Medicals
- Ear Syringing
- ECGs
- Enhanced Primary Care Plans
- Full Body Skin Checks
- Geriatric Health
- Immunisations
- Implanon Insertion & Removal
- INR Management
- IV Therapy/Antibiotics
- Men's Health
- Mental Health Care Plans
- Mirena Insertion & Removal
- My Health Record
- Obstetrics
- Onsite Cardiac Assessment
- Onsite Emergency Care
- Plastering & Ongoing Care
- Point of Care Ultrasound
- Procedural Pain Management
- Q Fever Vaccination
- Rapid Iron Infusion
- Removal of Foreign Bodies
- Respiratory Checks
- SCAT5 Assessments
- Specialist Referrals
- Spirometry Testing
- Sports Medicine
- Suturing
- Travel Advice
- Venepuncture
- Venesection
- Women's Health
- Worker's Compensation Cases
- Wound Care & Dressings
- Yellow Fever Vaccination

## Feedback

We welcome your feedback whether it be positive or negative. We can only improve if we know what your thoughts are of our service. Please tell us what we do well and what we could do better.

Direct your feedback to Kim Saunders [kim.saunders@gpcare.org.au](mailto:kim.saunders@gpcare.org.au). A suggestion box is available in the waiting room for any anonymous feedback.

Serious complaints can also be directed to:

### Health & Community Services Complaints Commissioner SA

PO Box 199

Rundle Mall SA 5000

[hcscc.sa.gov.au](http://hcscc.sa.gov.au)

P: 08 8226 8666 / F: 08 8226 8620

Country SA Toll Free: 1800 232 007



## GPcare Doctors

### Dr David Mills

FRACGP MD

### Dr Daniel Edge

FRACGP DCH MBBS JCCA (Anaes)

### Dr Cassie Gibbs

BMBS FRACGP BMSc DCH

### Dr Megan McLaughlin

MBBS (Adelaide) FRACGP DCH

### Dr Naif Saigol

MBBS FRACGP DCH (Westmead)

### Dr Daniel Dwyer

MBBS FRACGP DRANZCOG

### Dr Jeremy Wells

BMBS, FRACGP, DCH (Westmead), JCCA (Anaes)

### Dr Emma Stephenson

MB.BS, FRACGP, FARGP, JCCA, MPHTM

### Dr Mathew Kollarackal

MB.BS, MS, MRCS

### Dr Tracey Landon

BMBS BSc (Hons) DRANZCOG FRACGP

### Dr Angela Travis

BMBS B Med Sc (Hons) FRACGP FACRRM FARGR (Anaes)

### Dr Madhu Rao

MBBS FRACGP

### Dr Katya Speight

BMBS FRACGP DCH

### Dr Jack Fuller

MD BClInSc SCHP

### Dr Sandeep Doraiswamy

MBBS

### Dr Shaad Manchanda

MBBS

## Contact Us

85 Wellington Road /

PO Box 1794

Mount Barker SA 5251

# 1300 472 273

## Opening Hours

Mon: 8.00am - 6.00pm

Tues: 8.00am - 6.00pm

Wed: 8.00am - 6.00pm

Thurs: 8.00am - 6.00pm

Fri: 8.00am - 6.00pm

Sat: 9.00am - 12.30pm

Sun: Closed