



Mental Health, Counselling & Dietetic Support

Personalised wellbeing care across the Adelaide Hills & Fleurieu Peninsula

How we support you

-  Counselling & Psychotherapy
-  Psychology Services
-  Accredited Dietetic Care



Who it's for

Private, fee-for-service support for individuals, children and families experiencing:

- Anxiety, stress or low mood
- Relationship or family challenges
- Life transitions or coping difficulties
- Health, nutrition or lifestyle concerns

Getting started is easy

- Medicare rebates available with GP referral
- Private health extras may apply
- Short waiting times

 **8406 7715**



Book with CONNECTcare Private

Local care. Professional support. When you need it.

 **85 Wellington Road,
Mount Barker SA 5251**

 **admin@connectcare.org.au**